

DISC II

Temperament Assessment

Assessment on: **Sample Sample**

Phone:

Email:

Agency: **Profile Dynamics**

Assessment Date: **7/15/2006**

For More Information

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Profile Dynamics

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BACKGROUND

History has recorded many attempts to explain why people are different. One of the first systems developed was Astrology, which looked outside of man. Hippocrates (470-360 B.C.), however, looked inside of man to explain the differences in people. He believed that behavior was determined by the presence of an excessive amount of one of four fluids or humors; yellow bile (Choleric); red bile (Sanguine); white bile (Phlegmatic); black bile (Melancholy). The insightful observations of Hippocrates laid the foundation for the temperament model of behavior.

Since Hippocrates identified the four temperaments, numerous men have refined, added to, and advanced the concept that people are born with natural tendencies. One of these pioneers, William M. Marston, scientifically identified the same four groups of tendencies in 1928 and coined the terms, Dominant, Influence, Steady and Compliant. Marston's terms and descriptions correlate to the original four humors identified by Hippocrates. The **DISC II** Temperament Assessment is based on Marston's work as well as empirical evidence from years of research, thousands of interviews and testing since 1974.

The natural tendencies that a person possesses represent various "needs" that will endure throughout a person's life-span. The temperament model of behavior suggests that people perform best when the needs of their natural tendencies are consistently met.

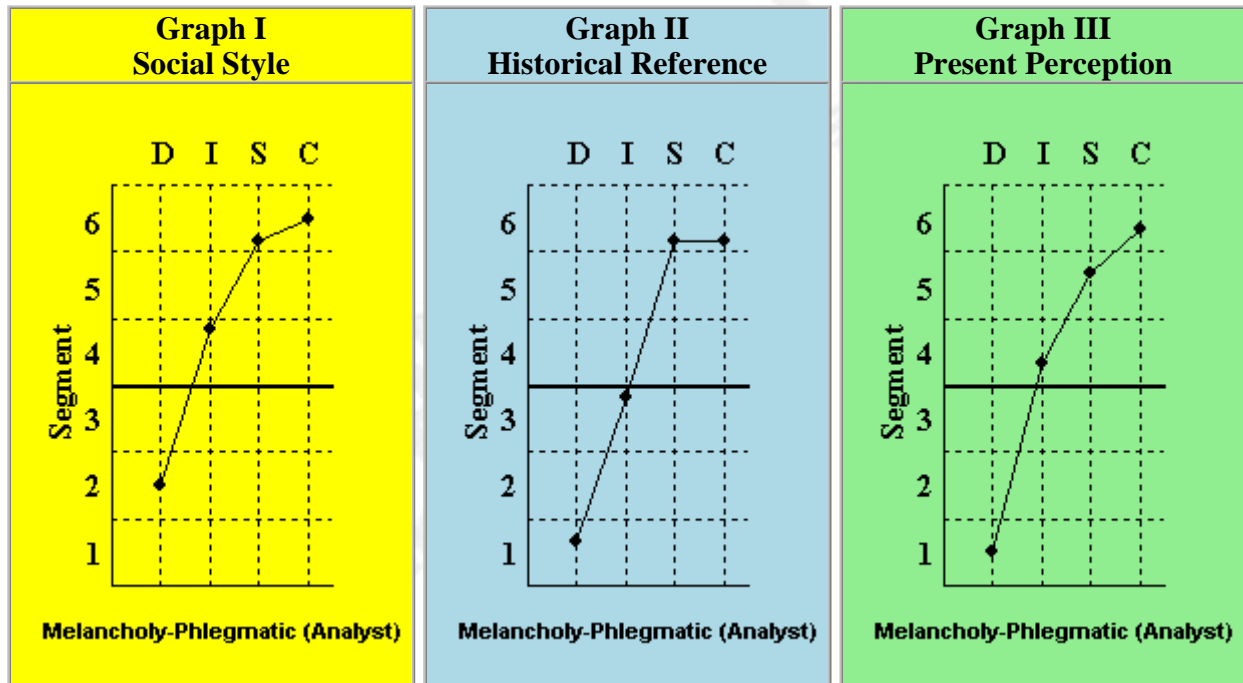
This report is taken from the on-line **DISC II** Temperament Assessment and is a reflection of the dynamics coming from the blend of the primary and secondary temperaments. It describes the respondent's temperament blend or pattern. This represents a general description of behavioral tendencies.

Of the three graphs shown, Graph II will be used as the best description of the individual's behavioral tendencies. This is consistent with the discussion of the **DISC II** Temperament Assessment in the **DISC II** Temperament Assessment User Guide. Also, for other blend descriptions, refer to the Temperament Blends section in the **DISC II** Temperament Assessment User Guide.

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DISC II Temperament Graphs



The three graphs above are a pictorial overview of your temperament blend. The three graphs show the following:

- Graph I - **SOCIAL** Behavior that you believe others expect of you. It is therefore the behavior you project and is the graph most likely to change.
- Graph II - **HISTORIC** Behavior that reflects unconscious and/or learned behavior which you instinctively demonstrate under pressure.
- Graph III - **PRESENT** Behavior that represents how you see yourself.

Keep in mind the three graphs represent only a general description of your behavior.

Total Box	Choleric D	Sanguine I	Phlegmatic S	Melancholy C
Graph I (Most)	3	6	10	9
Graph II (Least)	18	5	3	2
Graph III (Difference)	-15	1	7	7

OVERVIEW

MELANCHOLY-PHLEGMATIC

Pattern: Analyst

Sample is a person who is conscientious and private. He withdraws from aggressive people. He is quiet and works well in a structured environment requiring attention to detail. He is a systematic, precise thinker and worker who tends to follow procedures in both his business and personal life. He makes decisions slowly because of the need to collect and analyze information until he is sure of the right and best course of action. This is especially true when involved in a new project. He is good at anticipating problems but not as good at taking action. He is usually very well organized and functions best when he has a well-thought-out plan. To be highly motivated he needs a structured environment with clear rules and procedures; time to organize, collect information, think; and the freedom to develop a plan.

1. Description

- Needs information, time alone to think and a plan
- Self-sacrificing, self-critical nature
- Difficulty pressuring others
- May have difficulty going to sleep; usually planning, reviewing, worrying, etc.
- May become assertive to restore harmony to his environment
- Moody; emotional lows
- Has guilt feelings
- High standards for self and others
- Likes quality things
- Somewhat friendly after warm-up
- May resist until reasons for change are explained and accepted
- Strong sense of justice
- Operates from a list
- Picky, conscientious, apologetic
- Needs pushing to be sociable

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2. Temperament Needs:

The primary need of the Melancholy-Phlegmatic is to do things right; the secondary need is to accommodate others. Either need may dominate behavior depending on the situation. He needs to know why you want it done, exactly what you want and when you expect the results. He has a driving need to know that he is doing it correctly. Sample needs very specific, clear instructions and the opportunity to ask questions.

Temperament needs include the following:

- Information logically given
- Exact job description
- To do detailed work
- Time alone to think, plan
- Feedback and reassurance
- Privacy
- To know why
- To work alone
- Diplomatic supervision

3. Uniqueness:

Sample is more conscientious than the other Melancholy blends. He withdraws from aggressive people and tends to be very private.

4. Strengths:

- Analytical
- Diplomatic
- Organized; plans ahead
- Attention to detail
- Solving technical problems
- Likes to do things "right"
- Creative thinking

5. Weaknesses to Overcome:

- Moody
- Unrealistic expectations
- Negative self-talk; he tends to think too much about the wrong things
- Critical attitude
- Sensitivity

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6. The Following Creates Discomfort, Anxiety and/or Fear:

- Conflict
- Being wrong
- Loss of emotional control
- Disorganization
- Not having a plan

7. Responses to Pressure:

- Become negative, depressed
- Release frustration by withdrawing
- Becomes suspicious
- Want to quit

8. Impact upon Others:

- Attention to details
- Establishing procedures
- Doing things right
- Desire for quality

9. Traits Needed for Balance:

- Positive self-talk
- Friendliness
- Follow- through with his plan

DIMENSIONS OF BEHAVIOR

MELANCHOLY-PHLEGMATIC

Pattern: Analyst

10. Obtaining Results:

- Tends to obtain results in a more organized, deliberate and calculated manner.
- May have difficulty confronting others, being assertive and stating their opinions.

11. Interacting with Others:

- Tends to approach new people in a more congenial, controlled, sincere and reserved manner.
- Tends to place importance on control of emotions, relationships and sincerity.

12. Stability in the Social or Work Environments:

- Tends to prefer a more controlled, deliberate and predictable environment.
- Values security of situation.
- Needs time to adjust to change.

13. Adherence to Established Standards:

- Tends to prefer that things are done the "right way," according to the book, or established, accepted standards.

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